



MENU - BIACHLÁR

STARTERS

CHEFS HOMEMADE SOUP OF THE DAY HEALTHY OPTION 1,2 WITH HOMEMADE SODA BREAD	€5.00
WILD ATLANTIC WAY SEAFOOD CHOWDER 1,2,3 WITH HOMEMADE SODA BREAD	€7.00
DUCK CROQUETTES 4,5,7 WITH A GINGER AND TAMARIND SAUCE	€8.50
PAN FRIED COD WITH CRISPY PANCETTA HEALTHY OPTION 1,3 AND DRESSED BROCCOLI ON A CANNELLINI BEAN STEW	€8.50
HOMEMADE GUINNESS SAUSAGE WITH CRISPY QUAIL'S EGG 1,2 POTATO PURÉE AND A BEEF REDUCTION SAUCE	€8.50
DEEP FRIED MUSHROOMS 2,4,7 SERVED WITH AIOLI DIP	€6.50
SALMON, HADDOCK, COD AND SPRING ONION FISHCAKES 2,3,4,7 SERVED WITH SWEET CHILLI DIP	€6.95
CRISPY CHICKEN WINGS 1,2 SERVED WITH A CHOICE OF BBQ SAUCE OR LOUISIANA HOT CHILLI SAUCE	€7.50
STEAMED GALWAY BAY MUSSELS 2,4,6 IN A WHITE WINE AND SAFFRON CREAM WITH TOASTED COUNTRY LOAF	€9.00
SALADS	
GRILLED CHICKEN, CHORIZO AND CHICKPEA SALAD 1 TOSSED WITH LEAVES AND A LIGHT VINAIGRETTE	€10.50
BREADED GOATS CHEESE SALAD 2,4,8 RED ONION JAM, BEETROOT PUREE & WALNUT PESTO	€9.00
SLOW ROASTED CONNEMARA LAMB SOULDER SALAD HEALTHY OPTION 4 €10.50 PICKLED VEGETABLES, AUBERGINE PURÉE & ROAST RED PEPPER PURÉE	
WARM POTATO, POACHED EGG & PARMESAN SALAD 1,2,7 TOSSED WITH TORN HERBS AND LEAVES	€9.00
CHICKEN CAESAR SALAD HEALTHY OPTION 2,3,4 GRILLED CHICKEN, GARLIC CROUTONS, PARMESAN SHAVINGS AND ANCHOVY DRESSING	€10.50

MEATS

CONNEMARA LAMB IRISH STEW 1,2 €14.95
CHUNKY VEGETABLES AND CREAMED POTATO

CHARGRILLED STRIPLOIN STEAK 1,2 €22.95
WITH A CHOICE OF BORDELAISE SAUCE OR PEPPERCORN SAUCE,
DRESSED LEAF SALAD AND CHUNKY CHIPS

STEAMED CHICKEN BREAST HEALTHY OPTION 1,2 €14.95
WITH A CHICKEN VELOUTÉ SAUCE, CARAMELISED ONION MASH
AND MIXED GREENS

ANGUS BEEF BURGER 2,4,7 €14.95
MELTED CHEESE, SMOKED CRISPY BACON, TOMATO, LEAVES,
RED ONION AND FRIES ON A TOASTED BRIOCHE BUN

CRISPY DUCK LEG CONFIT 2,4 €14.95
RED ONION JAM, BLACK PUDDING MASH & A WILD MUSHROOM SAUCE

JUICY STEAK SANDWICH 2,4 €14.00
SAUTÉED ONIONS & MUSHROOMS, GARLIC MAYO, FRIES AND PEPPERCORN JUS

CHICKEN, MUSHROOM AND TARRAGON PIE 2,4,7 €14.95
SWEET POTATO PURÉE AND BOXTY POTATO CAKE

FISH

TRADITIONAL FISH AND CHIPS 2,3,4,7 €14.95
FRIES, MIXED LEAVES AND A HOMEMADE TARTAR SAUCE

GRILLED FILLET OF RAINBOW TROUT 1,2,3,8 €15.95
WITH A TOASTED ALMOND BUTTER, DUCK FAT POTATOES AND DRESSED LEAVES

MONKFISH IN TEMPURA BATTER 2,3,4,7 €18.95
STIR FRIED RICE AND CURRY SAUCE

PAN FRIED SALMON HEALTHY OPTION 1,3 €14.95
WITH A FENNEL, CHORIZO, CHICKPEA AND MUSSEL BROTH

**** DAILY FISH SPECIAL – PLEASE ASK YOUR SERVER FOR DETAILS**

VEGETARIAN

SPICED COURGETTE AND SWEETCORN FRITTERS HEALTHY OPTION 2,4,7 €14.95
SAUTÉED SPINACH AND SWEET TOMATO SAUCE

PASTA ALFREDO WITH SPINACH, MUSHROOMS AND PARMESAN
HEALTHY OPTION 2,4,7 €12.95
IN A WHITE WINE CREAM SAUCE WITH GARLIC BREAD (ADD CHICKEN €2)

SIDES

MEDITERRANEAN MIXED SALAD 1	€4.50
SWEET POTATO FRIES 1 (ALSO AVAILABLE GLUTEN FREE)	€4.50
HOMEMADE FRIES 1 (ALSO AVAILABLE GLUTEN FREE)	€3.50
SAUTÉED ONIONS & MUSHROOMS 2	€3.95
ONION RINGS 2,3,7	€3.95

DESSERTS

HOMEMADE CHOCOLATE BROWNIE GLUTEN FREE 1,2,7 WITH VANILLA BEAN ICE CREAM	€6.00
WARM BRAMLEY APPLE CRUMBLE 2,4,7 WITH CUSTARD AND ICE CREAM	€6.00
MERINGUE NEST 1,2,7 WITH FRESH CREAM, BERRIES AND ICE CREAM	€6.00
HOT CHOCOLATE FUDGE ICE CREAM SUNDAE 2,4,7 WITH SALTED CARAMEL SAUCE	€6.00
CAPPUCCINO & WALNUT CAKE GLUTEN FREE 1,2,7 WITH TOFFEE SAUCE	€6.00
HOMEMADE COCONUT COOKIE 2,4,7 WITH VANILLA BEAN ICE CREAM AND APRICOT COULIS	€6.00

*** DAILY SPECIALS – PLEASE ASK YOUR SERVER FOR DETAILS**

ALLERGEN CODES

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| 1. GLUTEN FREE | 5. CONTAINS SOYA |
| 2. CONTAINS DAIRY | 6. CONTAINS CRUSTACEANS |
| 3. CONTAINS FISH | 7. CONTAINS EGGS |
| 4. CONTAINS GLUTEN | 8. CONTAINS NUTS |

Ní beile bía gan deoch – Food without drink is not a meal!